



FOR OUR NEW PARENTS-TO-BE

Congratulations on your new pregnancy and welcome to Parkwest Women's Health. We want you to know that we are here to assist you in any way we can during this very exciting time.

If you have routine questions about anything involving your pregnancy, we encourage you to call one of our triage nurses at (585) 473-2846, option 3. Normal business hours are Monday-Friday from 9AM-4:30PM. The nurses will be able to help with whatever problem or question you may have.

If you have an urgent medical issue during normal business hours, please call the office and enter option 1. This is the emergency line and should be answered quickly.

If you have an emergency after normal business hours, please call our answering service at (585) 453-2222 and have our on-call physician paged.

Our website, www.pwwh.com contains important information for our new families including:

1. a health care proxy form that should be completed and brought back
2. a list of medications considered safe in pregnancy
3. information regarding the last month of pregnancy
4. when to call for labor and, most importantly,
 - an extensive form that discusses many common concerns about pregnancy including:
 - recommended "do's and don'ts"
 - routine blood work that will be done during pregnancy
 - genetic testing options
 - some parenting projects you may want to get started on.
5. It is very good information, particularly for 1st time parents, and may answer many of the questions you may have.

Please open website, select "Services" at top of page; select Obstetrics; At the top of this page you will find "resources". You can click on each document individually to view it.

Once again, congratulations!! Thank you for letting us be part of this wonderful experience.

The Physicians, Nurse Practitioner and Staff at ParkWest Women's Health

H: Shared/Clinical/OB/For Our New Parents Copier: Obstetrical Forms/For New Parents LL Copier: First Ob Packet/For New Parents; Posted to website

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