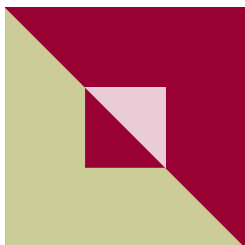
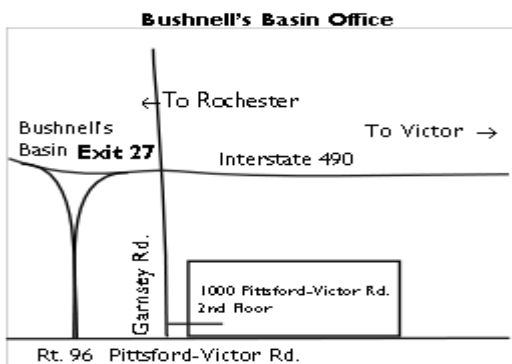


Our Brighton Office is located at 1820 S. Clinton Ave, between Elmwood Ave. And Westfall Road. We are between McQuaid High School and Tops Plaza.

Our Bushnell's Basin Office is located at 1000 Pittsford-Victor Road. Exit Interstate Route 490 at Bushnell's Basin (Exit 27), turn left on Pittsford-Victor Road, proceed to first stop light at Garnsey Road, turn left on Garnsey. The office is immediately on your right.



William J. Harvey, M.D.

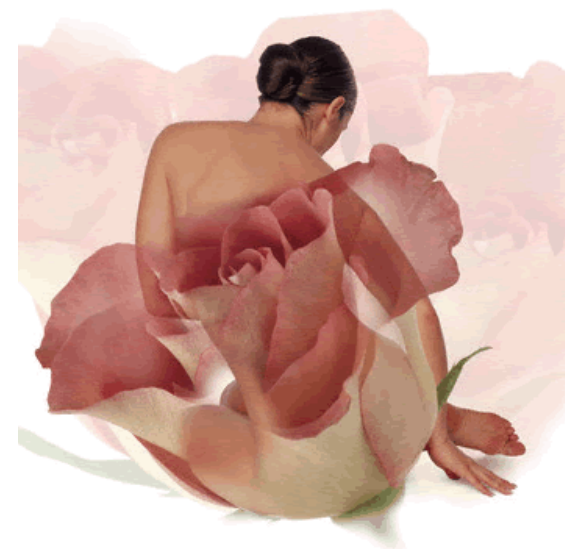
A Board Certified Obstetrician/Gynecologist, Dr. William Harvey is the Director of Aesthetic Gynecologic Surgery at ParkWest Women's Health. He is a fellow of the American College of Obstetricians and Gynecologists and a member of the American Academy of Cosmetic Gynecologists. He has a particular interest in abdominoplasty, liposuction, labiaplasty, and vaginal rejuvenation. He is the inventor of Harvey Stirrups™, a patent pending device designed for greater patient comfort during office surgery.

Dr. Harvey graduated *summa cum laude* from the Pennsylvania State University and received his MD from Thomas Jefferson University in 1985. Since his graduation from the Obstetrics and Gynecology Residency Program at the University of Rochester in 1989, he has been in private practice at ParkWest Women's Health. During residency, he received awards for leadership, best research project, and the distinguished Rudolph Award for compassionate care of patients.

In addition to Dr. Harvey's general practice in Ob/Gyn and his work in cosmetic gynecology, he also directs ParkWest's ultrasound and infertility programs. A meticulous surgeon, he is a past recipient of the Resident Teaching Award and enjoys teaching cosmetic skin closure to young physicians at the University. He maintains privileges at Strong Memorial Hospital and the Linden Oaks Surgery Center.



“Tummy Tuck” ~~~ Abdominoplasty



ParkWest Women's Health
1820 South Clinton Avenue
Rochester, NY 14618

1000 Pittsford-Victor Road
Bushnell's Basin, NY 14534

585-473-2846

What is an abdominoplasty?

Women troubled by laxity of the abdomen and excess skin that can result from weight fluctuations and/or pregnancy may be candidates for abdominoplasty. An abdominoplasty, or “tummy tuck,” is the surgical excision of excess skin and abdominal wall fat. It usually involves tightening of the abdominal fascia (the “girdle” of the abdomen) to flatten and firm the abdomen. We specialize in “mini”-abdominoplasty, which focuses on the lower abdomen and does not involve repositioning the navel. This type of abdominoplasty is readily performed at the time of other gynecologic surgery or as a primary procedure.



Before



Same patient, six months post-op

What can I expect after surgery?

When done as a primary procedure, abdominoplasty can be performed as an outpatient at the Linden Oaks Surgery Center. We recommend patients plan approximately eight weeks of minimal activity after surgery to allow the abdomen to heal in its new, tighter configuration. This time will vary based on factors including the patient's age, general health, and whether other procedures were also performed. To prevent fluid build-up under the skin, a drain will be placed during surgery and remain for one to three weeks. Post-operative pain is managed with Tylenol or narcotic pain medication. The incision is usually hip to hip to allow smooth tightening of the lower abdominal skin. The scar is initially prominent but will fade significantly over time and is located to be concealed by the patient's clothing.

What are my options for dealing with a sagging belly? Abdominoplasty is an excellent procedure for patients who have achieved a normal weight through diet and exercise but are unable to obtain a toned abdomen because of excess skin or a lax fascia from prior childbirth or weight loss. Some patients require a full tummy tuck with re-positioning of the navel, while others will get a good result with a mini tummy tuck. Patients who have localized fat deposits of the upper or lower abdomen may choose liposuction as a less invasive treatment. We specialize in AWAKE liposuction of the abdomen and torso. AWAKE liposuction is performed in our office and is safer than traditional liposuction under general anesthesia. Please see our brochure on liposuction if you feel you may be a candidate for this procedure.

Does insurance cover a tummy tuck?

Abdominoplasties are considered cosmetic procedures and therefore not generally covered by your health insurance. When performed at the time of medically necessary surgeries, there may be a reduced cost to the patient for operating room and anesthesia expenses. Our billing experts will be happy to meet with you and give you an estimate of the costs involved. Consultations with Dr. Harvey or Dr. Penmetsa are free of charge. If you are considering abdominoplasty primarily or in conjunction with another procedure, please schedule an appointment with either of them to review your individual care. They will discuss the procedure in detail, answer your questions, and review expectations and realistic outcomes.